



# **SOUTH ADVENTURES STAND UP PADDLE SCHOOL**

## **FAQ'S**

### **Stand Up Paddle is easy to learn?**

Yes, anyone can learn the basics in just a few hours.

### **I have to be in good shape to learn SUP?**

No, anyone can learn.

### **Do I need to know how to surf before?**

Not at all.

### **SUP is as much fun as it looks?**

Yes, it's a total blast both in flat water and waves.

### **SUP is safe?**

Yes, very much but with spot and condition awareness.

### **Where do i have my lessons?**

For the Flat Water level, or similar starter level, the lessons will be held in Tamariz beach, our school spot. Regarding student's safety, if the conditions are not suitable for any reason, not common at all, we can and will change to any other quite and relaxed beach, lagoon or river we have nearby.

### **What boards do you have to learn?**

We are fully powered by Lokahi. Boards, paddles, leashes, full wetsuits and shorty's are available!

### **After the lessons, can i rent gear or do i have to buy?**

We rent all gear.

### **How much is it to buy gear?**

A good quality board, deck pad, bag, and paddle run between 900/2000€.

## TERMS

- All students must sign a Release of Liability and a declaration of fitness.
- All students under the age of 10 must have a parent or legal guardian present for the day.
- Any and all medical conditions must be disclosed to our staff.
- All students must know how to swim.
- Students are required to notify South Adventures at the time of booking the course of any medical condition suffered by them that may be relevant to the activity to be undertaken on the course. All information given will be treated with strict confidentiality.
- All costs include board, paddle, leash, wetsuits, safety vest when required, insurance and professional SUP instruction.
- We advise to pre-register to guarantee the SUP lesson day and time of your choosing.
- No Personal checks are accepted.
- Payments and deposits are non-refundable.
- Our instructors are all professionals and will have final say over the conditions.
- In the event of bad weather (Thunder, Lightning, or Hurricane) the SUP lesson will be re-scheduled or we change the spot. Rain, cold air, or cloudy skies do not constitute bad weather.
- South Adventures will inform booked customers as to the weather forecast and therefore the status of the course at least 24 hours before the start time.
- The student must accept that all courses are weather dependent and that this may adversely affect the course.
- Course start times are dependent on tide times.

- All decisions regarding the running or cancellation of any course are at the absolute discretion of South Adventures whose decision shall be final.
- If the course is cancelled 24 hours prior to the agreed start time South Adventures will endeavor to reschedule booked customers at their convenience. It is the responsibility of the client to arrange alternative dates.
- If the course is cancelled at the start time of an arranged course (eg. due to an inaccurate forecast) South Adventures will not take any money and will re-book at the convenience of the customer.
- If the course is cancelled after the start due to the weather conditions or the compromising of clients or other beach users then customers will be offered a choice of a part refund (minus work done) and the opportunity to re-book, or for South Adventures to keep course payment and for alternative dates to be arranged.
- For the lessons, we suggest arriving at least 30 minutes early for roper prep-time.
- Instructors wait a maximum of 30 minutes for students from the appointed start time.
- There is no refund for no-shows.
- Always bring sunscreen, a swimsuit, a towel, water, a light snack, and any other items you might want.
- Our staff may photograph your session. All Images produced are the property of the photographer and/or South Adventures.
- Prices are subject to change.
- Tours duration will not include traveling time from the meeting place to the destinations.
- Instructor traveling time to lessons held off-site will NOT be added to the lesson time.
- The student will pay for preventable accidental damage to equipment by the student.
- Written letters of appreciation are always welcome.
- Any complaints regarding lessons or instructor conduct should be directed to the office immediately.
- Completion and signature of the booking form by the student confirms that he/she has read and understood these booking conditions and accepts the same.

- Lessons are paid for at the time of the booking.
- You can make your reservation over the phone, email or personally.
- Please do not consume alcohol prior to the lesson. Instructor has the right to refuse a lesson to anyone that has been drinking.